## THE MESSENGER

OUR MISSION IS TO WORSHIP, SERVE, AND SHARE GOD'S LOVE WE ARE A RECONCILING CHURCH SINCE MARCH 1, 1998



# You are a Part of the Family!

#### John Street UMC

98 John St.

Camden, ME 04843

#### Call for an appointment:

Tel: 207-236-3829

Rev. Chellie's cell: (207) 975-1615 **Email**: johnstreetumc@gmail.com

Website: johnstreetumc.org

Like us on Facebook: @johnstreetumc

Check us out on Youtube. too!

#### **Bookkeeper/Office Hours**

Tuesdays &Thursdays

#### **Pastor Chellie's Office Hours**

Tuesdays @ JSUMC

Wed & Thurs @ Home/Visits/Calls

Fridays @ PUMCST



#### **Weekly Pledges & Offerings**

We appreciate your continued support and mailing of your pledges / offerings to:

**JSUMC** 

c/o Joyce Smith

PO Box 295

Rockport, ME 04856

9 am - 12:30 pm

11 am - 4:00 pm

11 am - 4:00 pm

11:30 am - 4:00 pm

# ®

#### Weekly Worship / Sunday mornings

9:00 am People's UMC So. Thomaston (In-Person & FBLive)

11:00 am John Street UMC Camden (In-Person & FBLive) 12:15 pm Fellowship

**2:00 pm** Finnish Congregational Church (in-person every other week)

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### Pastor's Corner

BY PASTOR CHELLIE

My first recollection of anything to do with May Day was from the opening scenes of The Mary Tyler Moore Show. We see her strolling through the streets of New York City smiling and twirling as the theme song reassures us, "You're gonna make it after all..." Then, right near the end, when she's walking through Central Park - as the tv station cuts away for a commercial before airing the episode's first scene – there it is {no, not her tossing her red hat into the air} 3 seconds of children dancing the maypole dance.



I learned a snippet of the musical significance of May Day one semester in music school. But I never learned WHY May Day was so significant to so many countries. This year, 2022, the first Sunday of May is May 1st – May Day. It was time to find out.

No surprise, like everything springtime – May Day is about the promise of new life and regeneration - fertility, renewal and restoration – an earthly resurrection. It is the celestial half-way marker between the dark of deep winter and the light of midsummer.

Spring Equinox – March - Lent
Summer Solstice - June - Pentecost

The earliest recorded May celebrations were held between April 27th – May 3rd with the Floralia / festival of Flora, honoring the Roman goddess of flowers.



The Maiouma/Maiuma, a festival celebrating Dionysus and Aphrodite (fertility gods) was held every three years during the month of May.

May Day is also related the oldest and most well-known springtime celebrations of Beltane, which translates to lucky fires.

This Celtic, British Isles festival honors the return of life and fertility to the world. Beltane celebrations included lots of fire: bonfires, fire displays, jumping over fires; lots of eating: springtime berries, sweets and cakes from the last of the winter stores; and field games and dances - including dancing around a tall pole with brightly colored ribbons, as the dance progressed the ribbons brightly wrapped the pole. Historians believe the first maypole dance took place as part of Germanic pagan fertility rituals.



"Remember not the former things, nor consider the things of old. Behold, I am doing a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert."

ISAIAH 43:18-19

"Therefore, if anyone is in Christ, he is a new creation.
The old has passed away; behold, the new has come."

2 CORINTHIANS 5:17



In the 19th century, May Day took on a new meaning in the U.S. when May 1st was declared International Workers' Day amid a labor movement for worker's rights and an eight-hour workday. The giving of May Day baskets was very popular back in the 19th and 20th centuries. People would fill paper baskets or cones with sweets, berry-flavored candies, and flowers. After hanging the basket on the door knob they'd knock on a neighbor's door and yell "May basket!" and run away. If they got caught, the giver of the basket owed the receiver of the basket a kiss.

We are at the mid-point of the promised hope of our Christian faith – between the brokenness of Lent with its lies and betrayals, death and emptiness and the restoration of Pentecost with its truth and promises kept, new life / new creation and fullness of Spirit. All the world celebrates the newness of life springing forth from the depths of darkness – life after death, an empty tomb to fullness of life.

Abundant Life to you, Pastor Chellie "Truly, truly, I
say to you,
whoever hears
my word and
believes him who
sent me has
eternal life. He
does not come
into judgment,
but has passed
from death to
life."

JOHN 5:24

"The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness.
"The Lord is my portion," says my soul, "therefore I will hope in him."

LAMENTATIONS 3:22-24

## CDC Guidelines & Updates

FOR FAITH COMMUNITIES AND WORSHIP SPACES



#### **GENERAL UPDATE AS OF MARCH, 2022**

UPDATED COVID-19 Protocols for In-Person Worship are in accordance with ME CDC Masking is an individual's choice / Respectful Distancing is still encouraged

People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask. Masks are recommended in indoor public transportation settings and may be required in other places by local or state authorities.



For up-to-date information about exposure risk by state and county, the CDC website updates its map every Thursday. As of April 30th, 2022, Knox County was at a Medium (yellow) risk level.

"A new
commandment I
give to you, that
you love one
another: just as
I have loved
you, you also
are to love one
another."

JOHN 13:34

"Love thy neighbor as thyself."

MARK 12:31

"Let each of you look out not only to his own interests, but also to the interests of others."

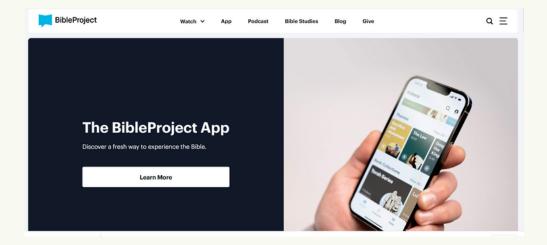
PHILIPPIANS 2:4

"Use your freedom to serve one another in love."

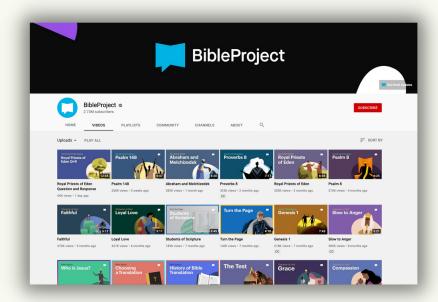
**GALATIANS 5:13** 

### Faith Formation

PRAY, READ, WATCH



This is a website that offers a blog, a podcast, and a series of five to eight minute videos on **Youtube** and **Facebook** on books of the Bible, theological concepts, and word studies! You have to check these out; Pastor Chellie loves them!



"Trust in the
Lord with all
your heart, and
do not lean on
your own
understanding.
In all your ways
acknowledge
him, and he will
make straight
your paths."

PROVERBS 3:5-6

"Now faith is the assurance of things hoped for, the conviction of things not seen."

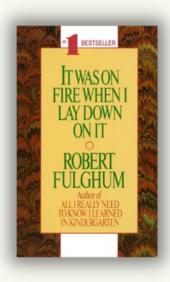
HEBREWS 11:1

"For we walk by faith, not by sight."

**CORINTHIANS 5:7** 

## What's Chellie Reading?

Chellie is currently reading "It Was on Fire When I Lay Down on It" by Robert Fulghum (2nd of his short essays). She recently finished "Another America / Otra America" by Barbara Kingsolver (poetry), and "A Spindle Splintered" by Alix E. Harrow. This May she'll start "Red at the Bone" by Jaqueline Woodson.

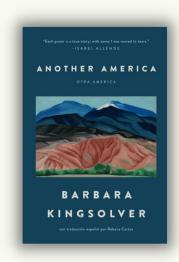


Ivy Books by Ballantine Books: New York © 1988, 1989 Robert L. Fulghum ISBN: 0-8041-0582-0

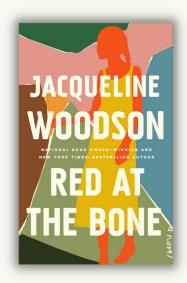


Publ. Tom Doherty Associates NY, NY Copyright © October 2021 by Alix E. Harrow ISBN: 978-1-250-76535-2





Spanish translation by Rebecca Cartes Seal Press / Hatchette Book Group, NY ©1992, 1998, 2022 ISBN: 9781541600386



Jaqueline Woodson Riverhead Books: an imprint of Penguin Random House, LLC. New York © 2019 Jaqueline Woodson ISBN: 978-0525-53528-7 / LLC: 2019944103

"An intelligent heart acquires knowledge, and the ear of the wise seeks knowledge."

PROVERBS 18:15

"Rejoice in hope, be patient in tribulation, be constant in prayer."

**ROMANS 12:12** 

"And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near."

HEBREWS 10:24-25

# THE LANDING PLACE: Helping youth of the Midcoast area

They are back to delivery only due to COVID.

Below is a list of their Current Needs. The
Landing Place receives donations on

Mondays, Tuesdays & Thursdays from 10 am
– 2 pm. Call Shannon Shimer, youth program
coordinator @ (207-691-7206) to plan a time
to drop off your items.

**COMFORT FOOD**: Specifically, cans of beans, juice boxes, and pancake mixes (add water only).

#### **URGENT NEEDS:**

- Cold weather clothes: gloves, hats, warm socks, fleece jackets, hoodies, snow gear, snow boots
  - Water bottles
    - Blankets
  - Hand warmers
    - Yoga mats
  - Fidgets/manipulatives (stress balls, playdough, spinners, etc)
  - New, clean underwear and socks

#### MISSION OFFERINGS

If you have some to share after your pledge/tithe, consider helping one of our ongoing missions:

1st Sunday/Communion Sundays = Camden
Area Food Pantry
2nd Sunday = Your choice
3rd Sunday = Pastor's Discretionary Fund or
Knox County Homeless Coalition
4th Sunday = UMCOR Disaster Relief
5th Sunday = World Missions {Heifer Intl./
CWS Blankets / etc.}

Make checks payable to JSUMC include the name of the non-profit on the MEMO line of the check

# UMC Covenantal Missions OUR MISSION SHARES connect us to UMC mission

Nationally: Interdenominational Fund (partnerships)

<u>Globally</u>: African College, Nicaragua Connection

<u>UMCOR</u>: Disaster Response, Heifer International, Church World Service (CWS) = Blanket Sunday

#### **How to assist Ukrainians**

United Methodists and others wishing to provide humanitarian assistance to the Ukrainian people in the wake of the Russian invasion of their country may contribute to Advance #982450, UMCOR International Disaster Response and Recovery. This fund will provide direct assistance to those in Ukraine as well as assistance to Ukrainians fleeing to neighboring countries.

Make Checks payable to: JSUMC on the Memo Line: **UMCOR Advance #982450** 

NON-PROFITS WE
SUPPORT

KNOX COUNTY HOMELESS COALITION
HOSPITALITY HOUSE
HABITAT FOR HUMANITY
OUT MAINE
THE LANDING PLACE
COASTAL OPPORTUNITIES
CAMDEN AREA CHRISTIAN FOOD PANTRY
CAMDEN DIST. NURSING ASSOC.
MEALS ON WHEELS & P.A.W.S

"And he said to them, "Go into all the world and proclaim the gospel to the whole creation."

MARK 16:15

"Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you.  $And\ behold.\ I$ am with you always, to the end of the age."

MATTHEW 28 19-20

## What's Going On at JSUMC?







| Mondays-Satui | <b>rdays</b> AA Meetings   | 7:00-8:00 am           | Fellowship Hall   |
|---------------|----------------------------|------------------------|-------------------|
| Mondays       | MoJO (Monday Nite Jazz Orc | hestra) 6:30 - 9:00 pm | Fellowship Hall   |
| Tuesdays      | Game Day                   | 11:30 - 3:00 pm        | Fellowship Hall   |
|               | Penobscot Bay Orchestra    | 5:30 - 8:30 pm         | Sanctuary         |
| Wednesdays    | Scrapbooking               | 10:00 am - 2:00 pm     | Fellowship Hall   |
| Thursdays     | Adult Tai Chi              | 10:30 - 11:15 am       | Fellowship Hall   |
|               | NA                         | 6:00 - 7:00 pm         | Fellowship Hall   |
|               | Writers Group              | 6:00 - 8:00 pm Clas    | ssroom 1 (red rm) |
| 1st Saturdays | Novel Writers Group        | 9:00 am - 1:00 pm Clas | ssroom 1 (red rm) |

## Fun Opportunities!

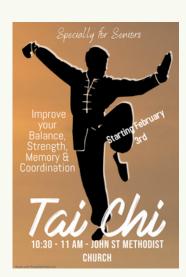
#### TUESDAYS: GAME DAY Winter hours 11:30 am - 3 pm - Gerry Simonton & Pat Miller

Fun, Fellowship, Faithfulness is the mission of this group. The ever-faithful "Hand & Foot" card game players are here most Tuesdays filling four, and sometimes five, respectfully distanced tables. To play, each person is asked to make a donation to the designated mission project. Their donations have supported Camden Area Food Pantry, Meals on Wheels, and JSUMC. There's room for one more table in the Fellowship Hall and two more tables in the classrooms. Do you have a group of friends who might want to play board games like Scrabble, Trouble, or Parchesi or card games like Cribbage or Rummy?

#### WEDNESDAYS: SCRAPBOOKING 10 am - 2 pm / Sharon Danforth & Judy Clossey

What a great way to spend a winter afternoon – creating something in a room with friends. This small yet very faithful group meets most Wednesdays to create beautiful albums and cards while they enjoy each other's company. Each person is provided a table (respectfully distanced) and brings their own materials. There's room in the Fellowship Hall for three more tables – Crafters of any kind are invited to come!

#### THURSDAYS: BEGINNER ADULT TAI CHI 10:30 - 11:15 am / Andrew Lesmerises



Vicky, Andrew's mom, enjoys attending his classes in Warren but wondered if there was a way for the classes to be closer to home. Absolutely, Vicky! Right here @ JSUMC! Meet up with friends while you gently improve your balance, core strength, and confidence under the instruction of Andrew. Concerned about your balance and standing for an extended length of time? Many of the moves and positions can be modified to be done in a chair. Progress at your own pace. Class fees will be donated to a local non-profit chosen by class participants. More information about registration etc. will be coming in the next week or so.

"For where two or three are gathered in my name, there am I among them."

**MATTHEW 18:20** 

"That is, that we may be mutually encouraged by each other's faith, both yours and mine."

ROMANS 1:12

"Don't forget to do good and to share what you have because God is pleased with these kinds of sacrifices."

**HEBREWS 13:16** 

"Carry each other's burdens and so you will fulfill the law of Christ."

**GALATIANS 6:2** 



#### SUNDAY FELLOWSHIP: Fruit Parfaits 12:15 pm - Rev. Chellie & Gail Moody

The ME CDC Guidelines say it is safe for fully vaccinated adults to share a meal together when respectful distancing is provided. We have plenty of room in our Fellowship Hall! Fruit Parfaits (yogurt & cottage cheese) will be offered in the Fellowship Hall. There will be take home containers for those not ready to share a meal in-person. If you would like to help provide a fruit parfait, contact Chellie or Gail.



#### TUESDAYS & THURSDAYS: MID-DAY PRAYER & COMMUNION 12:30 pm - FBLive

Join Rev. Chellie online Tuesdays for Mid-Day Prayer & Reflection, and Thursdays for At-Home Communion. Most days Chellie will be livestreaming from John St. UMC. Call ahead if you want to join her in-person.



"Not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near."

**HEBREWS 10:25** 

"And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers."

**ACTS 2:42** 

"But if we walk
in the light, as
he is in the light,
we have
fellowship with
one another,
and the blood of
Jesus his Son
cleanses us from
all sin."

1 JOHN 1:7

## Prayers for our Church Family

#### **New England Conference**

Bishop Sudarshana Devahdar Rev. Dr. Jackie Brannon, DS Kelly Santiago, Dist. Admin. Assist. Bishop Eduard Khegay, Bishop of both Russia and Ukraine Bishop Christian Alsted, Bishop of Nordic Baltic Area

#### UMC Mid-ME District Churches - Prayers for Strength & Faithfulness

May 1 - 14, 2022

Thomaston Federated, People's Union, Vanceboro, Waldoboro, Lidston Memorial: Washburn, Ellington's Corner: Winterport, West Lubec

May 15 - May 28, 2022

Alton, Atkinson, Baileyville, Bangor, Bath

May 29 - June 11, 2022

Belfast, Boothbay Harbor, Brewer, Brooksville, Brownville Junction, Bucksport

#### **JSUMC Church Leadership**

Rev. Chellie Wiley, *Pastor* Gail Moody, *SPRC* Pam Boland, *Bookkeeper* Heather Corson, *Remote Admin. Asst.* 

Lisa Decker Griffith, Council & Lay Leader
Richard Householder, Finance
Steve Dailey, Endowment
Pat Miller, Worship & Missions
Tom Boland, Custodian
Glen

Joyce Smith, *Fin. Sec.*Bob Smith, *Trustees*Matt Mainster, organist
Glen Smith, *Tom's Helper* 

#### **PUMCST Church Leadership**

Rev. Chellie Wiley, *Pastor* Marie Ilvonen, *SPRC* Pam Boland, *Treasurer*  Priscilla Torpey, *Council*Dave Matthews, *Finance*Bill Torpey, *Trustees* 

Nancy Stalcup, *Lay Leader* Bethany Fontaine, *Fin. Sec.* Georgia Hansen, *Altar Guild* 

Susan Jones, Music/Worship Tom Boland and Glen Smith, Custodians

## Prayers for Love & Fellowship John Street UMC Family (May -11, 2022)

Barbara Ludwig, Vicky Lesmeries, Tom & Judy McKearney, Ralph & Pat Miller, , Bill Murphy, Dick & Sandy Milstead, Don & Gail Moody, Renee Moody

#### John Street UMC Family (May 15-May 28, 2022)

Jay Pendleton, Sue Ellen Roberts, Silvia Sayers, Howard & Gerry Simonton, Nancy Shibles, Bob & Joyce Smith, Grace Stetson, Nancy Sturdee

#### John Street UMC Family (May 29-June 11, 2022)

Lillian Vose, Thom & Pat White, Pamela Whitt & Leslie Kristeller, Teddy Wilcox, Jean Winslow, Robert & Suzanne Williams

At Home: Bill Cross 207-236-8152 Bil

Bill Murphy

Barbara Ludwig 207-763-3257 Jean Winslow 207-236-4778

Ralph Miller 207-236-8009 Florence Householder (recovering & receiving rehab)

**Quarry Hill / Anderson Inn**: Jean Boobar (apt. 318) 207-542-1523 **Windward Gardens**: Mary Dearborn 207-470-0990 / 207-390-1128

Merry Gardens: Dot Harrington 207-236-3942

Lilian Vose 207-390-0878 (Bob's Sister)

HEALTH & WELLNESS: those having surgery or recovering from recent procedures

JOYS & THANKSGIVING: Signs of Spring

WISDOM & COMPASSION: World and National Leaders

COURAGE & SUPPORT: Ukraine

SAFETY & ASSISTANCE: the homeless, the underemployed, the hungry and the disenfranchised REST, COMFORT & ASSISTANCE: all Caregivers, especially those caring for family members

or caring for loved ones w/cognitive impairment  $% \label{eq:cognitive} % \label{eq:cognit$ 

COURAGE & HOPE: those living with anxiety, depression, and mental illness, addictions SOLIDARITY & COMPASSION: refugees; immigrants & asylum seekers; Native peoples >Victims/survivors of racial violence; religious intolerance & terrorism, domestic violence FAMILY & FRIENDS: Those who have died in the war on Ukraine

"I call on you, my God, for you will answer me; turn your ear to me and hear my prayer."

**PSALM 17:6** 

"The Lord is near to all who call on him, to all who call on him in truth."

PSALM 145:18

"Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be

"Then you will call on me and come and pray to me, and I will listen to you."

JEREMIAH 29:12

## Lectionary Scriptures Epiphany / Ordinary Time Yr. C

#### May 1 EASTER 3 / May Day / Native American Min.

Acts 9:1-6, (7-20) Ps. 30 Rev. 5:11-14 Jn. 21:1-19 SERMON: Luke 24:13-32 Road to Emmaus

#### June 5 PENTECOST/Communion RED

Acts 2:1-21 Ps. 104:24-34, 35b Rom. 8:14-17 Jn. 14:8-17, (25-27)

#### May 8 EASTER 4 / Mother's Day

Acts 9:36-43 Ps. 23 Rev. 7:9-17 Jn. 10:22-30

#### June 12 PEACE with JUSTICE /TRINITY RED

Proverbs 8:1-4, 22-31 Ps. 8 Rom. 5:1-5 Jn. 16:12-15

#### May 15 EASTER 5

Acts 11:1-18 Ps. 148 Rev. 21:1-6 Jn. 13:31-35

#### June 19 Pentecost 2 / Father's Day TEAL

1 Kgs. 19:1-15a Ps. 42 Gal. 3:23-29 Lk. 8:26-39

#### May 22 EASTER 6

Acts 16:9-15 Ps. 67 Rev. 21:10, 22-22:5 Jn. 14:23-29

#### June 26 Pentecost 3 TEAL

2 Kgs. 2:1-2, 6-14 Ps. 77:1-2, 11-20 Gal. 5:1, 13-25 Lk. 9:51-62k

#### **May 26 ASCENSION WHITE**

Acts 1:1-11 Ps. 47 Eph. 1:15-23 Lk. 24:44-53

#### July 3 Pentecost 4 / Communion TEAL

2 Kgs. 5:1-14 Ps. 30 Gal. 6:(1-6), 7-16 Lk. 10:1-11, 16-20

#### May 29 EASTER 7

Acts 16:16-34 Ps. 97 Rev. 22:12-14, 16-17, 20-21 Jn. 17:20-26

#### **Carillon Hymns for the Easter Season**

Christ Arose, Christ Is Alive
Crown Him With Many Crowns
Thine Is The Glory
He Lives
Lord of The Dance

"The heart of man plans his way, but the LORD establishes his steps."

PROVERBS 16:9

"And he said unto them, it is not for you to know the times or the seasons, which God hath put in his own power."

**ACTS 1:7** 

"While the earth remaineth, seedtime and harvest, and cold and heat, and summer and winter, and day and night shall not cease."

GENESIS 8:22

## JSUMC Council Meeting Summary Brief Reports

#### SPRC: Gail Moody & Rev. Wiley

>Coffee Fellowship will start up again since ME CDC Guidelines lessens mask requirement +take home containers are available

**+Lenten Soup Fellowship** 

+Eastertide Fruit Parfaits (yoghurt & cottage cheese)

#### **TRUSTEES: Bob Smith**

> >Landscaper/Gardener: We have hired Duryea & Gauvin Decker Griffith +they started the weekend of April 24th

> > >Gas Detector purchased and installed in Kitchen

>Refinish entry doors

>Replace Outside Lighting

>Interior Painting 2022: Men's Bathroom & Church Office >Possible new entrance into Fellowship Hall off the back parking lot – mostly for winter Next Meeting: Tuesday, May 17, 2022 @ 4:00 pm

#### MISSION: Rev. Chellie

>Ukraine Assistance encouraged through UMCOR
Make Checks payable to: JSUMC on the Memo Line: UMCOR Advance #982450
>Gas Cards for Meals on Wheels volunteer drivers - will be purchased & delivered in May
>A list of local non-profits we encourage supporting is included on our weekly
announcements,

newsletter, & webpage

#### **WORSHIP - Rev. Wiley**

>Easter sanctuary was beautiful!

+Depiction of Holy Week to Easter with robe 2 the pulpit, palms on the floor leading to a table set up for Maundy Thurs & Communion, 2nd table with crown of thorns & coins for Good Friday, and of course the Easter Garden of Flowers around the altar.

>Thank you Grace A. & Pat M. for making this come to life >April 24th Rev. Chellie is on Respite/Renewal +Earth Day lay led service based on previous Merry Spring services

#### **PASTOR: Rev. Wiley**

>We are saddened at the passing of our dear friend, MaryJane Gautesen
>Meetings to set: SPRC, Worship, Missions
>Respite Days Off as recommended by our DS

+Respite Wk 1: Thurs. Feb. 17 - 25 / Rev. Matthew McDonald, supply was well received

+Respite Wk 2: Thurs April 21 – 26 / Earth Day Service – laity will lead

+I did not receive a silent retreat at the UMC Epworth House  $\,$ 

>Summer Vacation Requesting the Month of August (7th, 14th, 21st, 28th)

+SPRC & I will find guest speakers / Rev. Jackie Brannen, DS is available for 1 Sunday

>VISITS & CALLS: I'm doing my best to schedule visits & make more check-in calls

+How I prioritize calls & visits

-1st those with little to no family support in the area

-2nd those with ongoing illnesses

-3rd those with ongoing situation

-Those with strong support systems in the area (family & friends)

-I'm calling/visiting when & if the person or family requests

That means church or family members need to let me know if a person would like a visit NEXT MEETING: Wednesday May 18, 2022 @ 4:00 pm Hybrid

"The heart of man plans his way, but the LORD establishes his steps."

PROVERBS 16:9

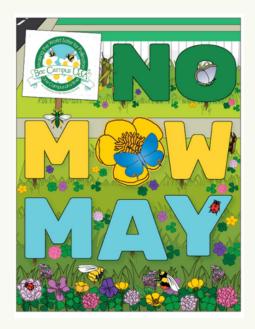
"And he said unto them, it is not for you to know the times or the seasons, which God hath put in his own power."

**ACTS 1:7** 

"While the earth remaineth, seedtime and harvest, and cold and heat, and summer and winter, and day and night shall not cease."

GENESIS 8:22

# Community Resources & Announcements



This may be a Rockland initiative but Pastor Chellie is encouraging our John St. church family & friends to take this up as well.

https://rocklandmaine.gov/no-mow-may/

#### **NO MOW MAY INITIATUVE**

The goal of **No Mow May** is to allow grass to grow unmown for the month of May, creating habitat and forage for early season pollinators. This is particularly important in densely populated areas where floral resources are often limited.

**No Mow May** was started in England by a group called Plantlife, to support early emerging pollinators with more flowers for foraging. In this country it is promoted by Bee City USA. Not mowing lawns in May allows many more flowers to bloom in the lawn, and these flowers are crucial forage for spring-emerging bees.

Maine has seventeen species of bumblebees, which carry out crucial pollination services, and several of these species are in decline. Rockland is pleased to encourage our pollinators and No Mow May goes hand in hand with our ordinance (passed last year) phasing out lawn pesticides. We are identifying areas in our local parks that will be left unmown in May as well as spaces well-suited to promoting wildflowers.

"No Mow May" educational signs can be printed off the Bee City USA website, <a href="https://beecityusa.org/">https://beecityusa.org/</a>

https://beecityusa.org/wp-

content/uploads/2021/04/No Mow May Bee Campus.pdf to let folks know this is being done intentionally. Also, volunteers will be printing lawn signs for anyone who would like one, details upcoming.

"This is my commandment: love each other just as I have loved you."

JOHN 15:12

"Instead of each person looking out for their own good, watch out for what is better for others."

PHILIPPIANS 2:4

"Generous
persons will
prosper; those
who refresh
others will
themselves be
refreshed."

PROVERBS 11:25

"Be kind, compassionate, and forgiving to each other, in the same way God forgave you in Christ."

**EPHESIANS 4:32** 



The following web links from www.caring.com have helpful information related to memory care services and tips for caregivers:

- https://www.caring.com/senior-living/memory-care-facilities/
- <a href="https://www.caring.com/senior-living/memory-care-facilities/maine">https://www.caring.com/senior-living/memory-care-facilities/maine</a>
- <a href="https://www.caring.com/caregivers/alzheimers/">https://www.caring.com/caregivers/alzheimers/</a>
- <a href="https://www.caring.com/caregivers/dementia/">https://www.caring.com/caregivers/dementia/</a>
- <a href="https://www.caring.com/caring/senior-care-graphic">https://www.caring.com/caring/senior-care-graphic</a>

"This is my commandment: love each other just as I have loved you."

JOHN 15:12

"Instead of each person looking out for their own good, watch out for what is better for others."

PHILIPPIANS 2:4

"Generous
persons will
prosper; those
who refresh
others will
themselves be
refreshed."

PROVERBS 11:25

"Be kind,
compassionate,
and forgiving to
each other, in
the same way
God forgave you
in Christ."

EPHESIANS 4:32

### Newsletter Resources

**p.1** 

"Cover photo and heart" www.canva.com
"Cross Flame Logo" from cranefumc.org

**p.2** 

Photos from www.canva.com

**p.3** 

Photo from www.canva.com

**p.4** 

"Masks" graphic from https://katu.com/news/local/face-masks-now-required-in-sevenoregon-counties CDC screenshot taken from www.cdc.gov

**p.5** 

"Bible Project" screenshots taken from www.bibleproject.com & Youtube

**p.6** 

"Sanctuary" picture taken by Rev. Chellie
"It Was on Fire..." from https://www.amazon.com/Was-Fire-When-Lay-Downebook/dp/B003FSUS2E
"Another America" taken from https://www.goodreads.com/book/show/58340979-

another America" taken from https://www.goodreads.com/book/snow/58340979another-america-otra-am-rica

"Red at the Bone" from https://www.amazon.com/Red-at-Bone-Jacqueline-Woodson/dp/0525535276

"A Spindle Splintered" from https://www.amazon.com/Spindle-Splintered-Fractured-Fables/dp/1250765358

**p.8** 

"Stained Glass" photos taken by Rev. Chellie Tai Chi poster designed by Rev. Chellie with PosterMyWall.com

**p.9** 

Graphics by www.canva.com

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"Caring" image taken from www.caring.com