## THE MESSENGER

OUR MISSION IS TO WORSHIP, SERVE, AND SHARE GOD'S LOVE WE ARE A RECONCILING CHURCH SINCE MARCH 1, 1998



# You are a Part of the Family!

#### **John Street UMC**

98 John St.

Camden, ME 04843

#### Call for an appointment:

Tel: 207-236-3829

Rev. Chellie's cell: (207) 975-1615 **Email**: johnstreetumc@gmail.com

Website: johnstreetumc.org

Like us on Facebook: @johnstreetumc

Check us out on Youtube, too!

#### Office Hours Bookkeeper

Tuesdays &Thursdays

#### **Pastor Chellie's Office Hours**

Tuesdays @ JSUMC

Wed & Thurs @ Home/Visits/Calls

Fridays @ PUMCST



#### **Weekly Pledges & Offerings**

We appreciate your continued support and mailing of your pledges / offerings to:

Joyce Smith PO Box 295 Rockport, ME 04856

9 am - 12:30 pm

11 am - 4:00 pm 11 am - 4:00 pm

11:30 am - 4:00 pm



#### Weekly Worship / Sunday mornings

9:00 am People's UMC So. Thomaston (In-Person & FBLive)

11:00 am John Street UMC Camden (In-Person & FBLive) 12:15 pm Lenten Soup Fellowship 2:00 pm Finnish Congregational Church (in-person every other week)

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### Pastor's Corner

BY PASTOR CHELLIE

Every now and then I crave pizza. Yummy, hot, sink-my-teeth-into doughy crust pizza. I make my own dough when I have the time. The pizza is large enough that after I cut it into slices (square slices because my large tray is rectangular) I have 6-8 slices I can wrap and freeze for later.

The past three weeks I have REALLY been craving pizza. Not my own mind you, but one from a local business. Mmmm, Pizzza kept invading my thoughts. Several times I talked myself out of turning into the parking lot as I drove past the eatery, giving myself positive affirmation each time I resisted the temptation.

Then one by one 'things' came in. Stacking up and onto a schedule and responsibilities that I had just sorted through. Reworking my schedule, extra trips to the doctors for Mom, a paint job unfinished, more snow shoveling, sad yet expected news ... tired, anxious, maybe a bit lonely, I noticed I was hungry. Or at least I thought I should be hungry and therefore I was hungry. PIZZA sounded AMAZING! and not just any pizza but – ohhhh yea... you know...

I did my best to talk myself out of ordering. It's cold; do you really want to get in the car and drive there; you could make 3 homemade pizzas for what this will cost;... I dialed and ordered. "Okay, before I begin eating, I'll wrap half of it and put it in the freezer," trying to convince myself that the temptation was not going to consume me. (yes, consume).

Nope, I succumbed to temptation. I knew better. But the temptation "got the better of me."



And that's what temptation does and how it works. Temptation is not necessarily evil or bad. It is invasive and persuasive. Working it's way in when we are worn-down and vulnerable. The more worn-down the more invasive. The more vulnerable the more persuasive. And it's not like we don't know it because, we do. When we are so tired we can't think, temptation comes. When we are so lonely anyone's company, anyone's attention will do... that's temptation whispering. When we are so angry or anxious that we say or do things we normally wouldn't... You get the picture.

A popular acronym used in recovery programs is H.A.L.T. = Hungry, Angry/Anxious, Lonely, Tired. Temptation seeps in when we are Hungry, Angry/Anxious, Lonely, Tired. The message is HALT! HALT! Stop. Step back. Breathe. Take time to recognize and claim you're H.A.L.T. Reconsider your decision.

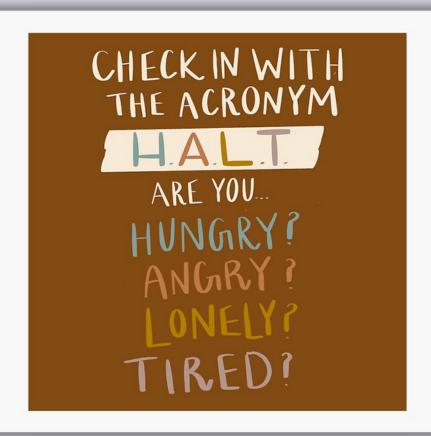


"No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it."

1 CORINTHIANS 10:13

"For because he himself has suffered when tempted, he is able to help those who are being tempted."

HEBREWS 2:18



Luke 4:1-13, the Gospel lesson assigned to this first Sunday of Lent year C, tells the story of Jesus' very human temptations for power, wealth, and control. Hungry, anxious (discerning more likely), lonely, tired, Jesus called upon God's Presence and Promise to fight back each temptation placed before Him. Filling His hunger with the Presence of God. Filling his mind with the Word and Promises of God. Speaking it out loud gave Jesus the strength and courage to say, "HALT!" "NO!"

Jesus didn't escape temptation and neither do we. Jesus showed us how to stave off temptations by keeping our minds and hearts on the promises of God. The Lord's Prayer (Mt 6:7-15) begins by placing God center in our lives. God's ways will not wear us down or wear us out. "Lead us NOT into temptation..." God's Promises, Will for Life, leads us away from temptations that cloud our thoughts and zap us of our energy, our passion for life. God's mercy and presence can deliver us from the evil we may do when we are Hungry, Angry/Anxious, Lonely, Tired.

Right now, most of the world is H.A.L.T. = Hungry, Angry/Anxious, Lonely, Tired – open to all kinds of temptations. We are witnesses to the pain and devastation. Do not be afraid. Like Jesus, Name it. Claim it. Proclaim it. Invite God's Presence and Promises into your weary heart and exhausted thoughts. Breathe God in as you wrestle with the choices before you.

And perhaps the best part, at least for me, is when we are too worn-out and tired, and we do give in to temptation – God's promised Grace and unfailing Love are there to sustain us. AMEN.

Hope & Peace, Pastor Chellie



"Blessed is the man who remains steadfast under trial, for when he has stood the test he will receive the crown of life, which God has promised to those who love him."

**JAMES 1:12** 

"Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect."

**ROMANS 12:2** 

### CDC Guidelines & Updates

FOR FAITH COMMUNITIES AND WORSHIP SPACES



#### **GENERAL UPDATE AS OF MARCH, 2022**

UPDATED COVID-19 Protocols for In-Person Worship are in accordance with ME CDC Masking is an individual's choice / Respectful Distancing is still encouraged

#### **IN CASE OF EXPOSURE TO COVID19**

- All FULLY vaccinated individuals should be OK, but we recommend extra social distancing and minimal public contact for 24 hours to allow for changing of clothes, etc.
- ALL NON-VACCINATED INDIVIDUALS MUST QUARANTINE FOR 14 DAYS AND SEEK TESTING IF FEVER, HEADACHE, OR OTHER SYMPTOMS APPEAR, AS PER THE CDC



For up-to-date information about exposure risk by state and county, the CDC website updates its map every Thursday. As of March 10th, 2022, Knox County was at a Medium (yellow) risk level.

"A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another."

JOHN 13:34

"Love thy neighbor as thyself."

MARK 12:31

"Let each of you look out not only to his own interests, but also to the interests of others."

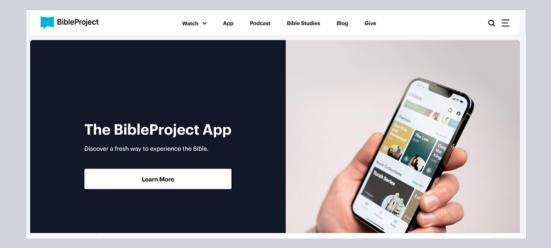
PHILIPPIANS 2:4

"Use your freedom to serve one another in love."

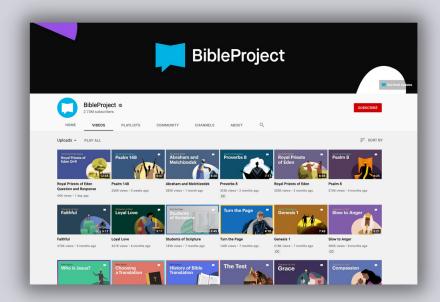
**GALATIANS 5:13** 

### Faith Formation

PRAY, READ, WATCH



This is a website that offers a blog, a podcast, and a series of five to eight minute videos on **Youtube** and **Facebook** on books of the Bible, theological concepts, and word studies! You have to check these out; Pastor Chellie loves them!



"Trust in the
Lord with all
your heart, and
do not lean on
your own
understanding.
In all your ways
acknowledge
him, and he will
make straight
your paths."

PROVERBS 3:5-6

"Now faith is the assurance of things hoped for, the conviction of things not seen."

HEBREWS 11:1

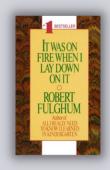
"For we walk by faith, not by sight."

**CORINTHIANS 5:7** 

### What's Been Happening @ JSUMC?

What's Chellie reading?

Chellie is currently reading "It Was on Fire
When I Lay Down on It" by Robert Fulghum
(2nd of his short essays), "Another America /
Otra America" by Barbara Kingsolver
(poetry), and one article: "Bringing a
Community Project Into Focus."



Ivy Books by Ballantine Books: New York © 1988, 1989 Robert L. Fulghum ISBN: 0-8041-0582-0



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Spanish translation by Rebecca Cartes Seal Press / Hatchette Book Group, NY ©1992, 1998, 2022 ISBN: 9781541600386

#### JSUMC WEBPAGE



Our Bulletin & Weekly Schedule are there for downloading! Go to the webpage and select the big button to download the bulletin or the weekly schedule. You'll still receive by email unless you ask us to remove your name from the list.

Thank you, Heather, remote assistant!

Oh, our Newsletter is there, too.

We're striving to monthly link/upload our
Worship Services & Mid-Day Prayers from
Facebook to our webpage & YouTube
Channel.

"An intelligent heart acquires knowledge, and the ear of the wise seeks knowledge."

PROVERBS 18:15

"Rejoice in hope, be patient in tribulation, be constant in prayer."

**ROMANS 12:12** 

"And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near."

HEBREWS 10:24-25

# THE LANDING PLACE: Helping youth of the Midcoast area

They are back to delivery only due to COVID.

Below is a list of their Current Needs. The
Landing Place receives donations on

Mondays, Tuesdays & Thursdays from 10 am
– 2 pm. Call Shannon Shimer, youth program
coordinator @ (207-691-7206) to plan a time
to drop off your items.

**COMFORT FOOD**: Specifically, cans of beans, juice boxes, and pancake mixes (add water only).

#### **URGENT NEEDS:**

- Cold weather clothes: gloves, hats, warm socks, fleece jackets, hoodies, snow gear, snow boots
  - Water bottles
    - Blankets
  - Hand warmers
    - Yoga mats
  - Fidgets/manipulatives (stress balls, playdough, spinners, etc)
  - New, clean underwear and socks

#### MISSION OFFERINGS

If you have some to share after your pledge/tithe, consider helping one of our ongoing missions:

1st Sunday/Communion Sundays = Camden
Area Food Pantry
2nd Sunday = Your choice
3rd Sunday = Pastor's Discretionary Fund or
Knox County Homeless Coalition
4th Sunday = UMCOR Disaster Relief
5th Sunday = World Missions {Heifer Intl./
CWS Blankets / etc.}

Make checks payable to JSUMC include the name of the non-profit on the MEMO line of the check

# UMC Covenantal Missions OUR MISSION SHARES connect us to UMC mission

Locally: The Methodist Home in Rockland =

Meals on Wheels,

Mentoring/Leadership Training for Clergy

Regionally: Camp Mechuwana, Lay Servant

Ministry Courses, Preachers' Aid Society,

Salem Economic Ministry, The Wilson Center

(Campus Ministry @ UMaine)

Nationally: Interdenominational Fund (partnerships)

<u>Globally</u>: African College, Nicaragua
Connection

<u>UMCOR</u>: Disaster Response, Heifer International, Church World Service (CWS) = Blanket Sunday

#### **How to assist Ukrainians**

United Methodists and others wishing to provide humanitarian assistance to the Ukrainian people in the wake of the Russian invasion of their country may contribute to Advance #982450, UMCOR International Disaster Response and Recovery. This fund will provide direct assistance to those in Ukraine as well as assistance to Ukrainians fleeing to neighboring countries.

Make Checks payable to: JSUMC on the Memo Line: **UMCOR Advance #982450** 

NON-PROFITS WE
SUPPORT

KNOX COUNTY HOMELESS COALITION
HOSPITALITY HOUSE
HABITAT FOR HUMANITY
OUT MAINE
THE LANDING PLACE
COASTAL OPPORTUNITIES
CAMDEN AREA CHRISTIAN FOOD PANTRY
CAMDEN DIST. NURSING ASSOC.
MEALS ON WHEFLS & P.A.W.S

"And he said to them, "Go into all the world and proclaim the gospel to the whole creation."

MARK 16:15

"Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age."

MATTHEW 28 19-20

### What's Going On at JSUMC?







Mondays-Satui	r <b>days</b> AA Meetings	7:00-8:00 am	Fellowship Hall
Mondays	MoJO (Monday Nite Jazz Orc	<i>hestra</i> ) 6:30 - 9:00 pm	Fellowship Hall
Tuesdays	Game Day	11:30 - 3:00 pm	Fellowship Hall
	Penobscot Bay Orchestra	5:30 - 8:30 pm	Sanctuary
Wednesdays	Scrapbooking	10:00 am - 2:00 pm	Fellowship Hall
Thursdays	Adult Tai Chi	10:30 - 11:15 am	Fellowship Hall
	NA	6:00 - 7:00 pm	Fellowship Hall
	Writers Group	6:00 - 8:00 pm Clas	sroom 1 (red rm)
1st Saturdays	Novel Writers Group	9:00 am - 1:00 pm Clas	sroom 1 (red rm)

### Fun Opportunities!

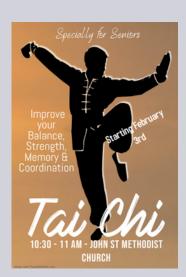
#### TUESDAYS: GAME DAY Winter hours 11:30 am - 3 pm - Gerry Simonton & Pat Miller

Fun, Fellowship, Faithfulness is the mission of this group. The ever-faithful "Hand & Foot" card game players are here most Tuesdays filling four, and sometimes five, respectfully distanced tables. To play, each person is asked to make a donation to the designated mission project. Their donations have supported Camden Area Food Pantry, Meals on Wheels, and JSUMC. There's room for one more table in the Fellowship Hall and two more tables in the classrooms. Do you have a group of friends who might want to play board games like Scrabble, Trouble, or Parchesi or card games like Cribbage or Rummy?

#### WEDNESDAYS: SCRAPBOOKING 10 am - 2 pm / Sharon Danforth & Judy Clossey

What a great way to spend a winter afternoon – creating something in a room with friends. This small yet very faithful group meets most Wednesdays to create beautiful albums and cards while they enjoy each other's company. Each person is provided a table (respectfully distanced) and brings their own materials. There's room in the Fellowship Hall for three more tables – Crafters of any kind are invited to come!

#### THURSDAYS: BEGINNER ADULT TAI CHI 10:30 - 11:15 am / Andrew Lesmerises



Vicky, Andrew's mom, enjoys attending his classes in Warren but wondered if there was a way for the classes to be closer to home. Absolutely, Vicky! Right here @ JSUMC! Meet up with friends while you gently improve your balance, core strength, and confidence under the instruction of Andrew. Concerned about your balance and standing for an extended length of time? Many of the moves and positions can be modified to be done in a chair. Progress at your own pace. Class fees will be donated to a local non-profit chosen by class participants. More information about registration etc. will be coming in the next week or so.

"For where two or three are gathered in my name, there am I among them."

**MATTHEW 18:20** 

"That is, that we may be mutually encouraged by each other's faith, both yours and mine."

**ROMANS 1:12** 

"Don't forget to do good and to share what you have because God is pleased with these kinds of sacrifices."

**HEBREWS 13:16** 

"Carry each other's burdens and so you will fulfill the law of Christ."

**GALATIANS 6:2** 



#### SUNDAYS: LENTEN SOUP FELLOWSHIP 12:15 pm - Rev. Chellie & Gail Moody

The ME CDC Guidelines say it is safe for fully vaccinated adults to share a meal together when respectful distancing is provided. We have plenty of room in our Fellowship Hall! A simple meal of Soup & a Roll / Biscuit will be offered in the Fellowship Hall. There will be take home containers for those not ready to share a meal in-person. If you would like to help provide a soup or rolls/biscuit contact Chellie or Gail.



#### TUESDAYS & THURSDAYS: MID-DAY PRAYER & COMMUNION 12:30 pm - FBLive

Join Rev. Chellie online Tuesdays for Mid-Day Prayer & Reflection, and Thursdays for At-Home Communion. Most days Chellie will be livestreaming from John St. UMC. Call ahead if you want to join her in-person.



"Not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near."

**HEBREWS 10:25** 

"And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers."

**ACTS 2:42** 

"But if we walk
in the light, as
he is in the light,
we have
fellowship with
one another,
and the blood of
Jesus his Son
cleanses us from
all sin."

1 JOHN 1:7

### Prayers for our Church Family

#### **New England Conference**

Bishop Sudarshana Devahdar Rev. Dr. Jackie Brannon, DS Kelly Santiago, Dist. Admin. Assist.

#### **UMC Mid-ME District Churches - Prayers for Strength & Faithfulness**

#### March 6 - 21, 2022

New Harbor, Sheepscott Community Federated Church: Newcastle, North Searsport, People's: Newport, North Bucksport, North Woolwich

#### March 21 - April 3, 2022

Old Town, Orland, Orono, First: Orrington, Stetson Memorial; Patten, Pembroke, Penobscot

#### **JSUMC Church Leadership**

Rev. Chellie Wiley, Pastor Gail Moody, SPRC Pam Boland, Bookkeeper Heather Corson, Remote Admin. Asst.

Lisa Decker Griffith, Council & Lay Leader Richard Householder, Finance Steve Dailey, Endowment Pat Miller, Worship & Missions Tom Boland, Custodian

Joyce Smith, Fin. Sec. Bob Smith, *Trustees* Matt Mainster, organist Glen Smith, Tom's Helper

#### **PUMCST Church Leadership**

Rev. Chellie Wiley, Pastor Marie Ilvonen, SPRC Pam Boland, Treasurer

Priscilla Torpey, Council Dave Matthews, Finance Bill Torpey, Trustees

Nancy Stalcup, Lay Leader Bethany Fontaine, Fin. Sec. Georgia Hansen, Altar Guild

Susan Jones, Music/Worship Tom Boland and Glen Smith, Custodians

#### **Prayers for Love & Fellowship** JSUMC Family Members (March 6-21, 2022)

Lillian Vose, Thom & Pat White, Pamela Whitt & Leslie Kristeller, Teddy Wilcox, Jean Winslow, Robert & Suzanne Williams

#### John Street UMC Family March 21-April 3

John & Linda Armstrong, Herb & Grace Annis, Jean Boobar, Judy Clossey, Bill Cross, Edith Berry, Kathlene & Anna Christie, Arthur Crockett, Harold & Pamela Crockett

At Home: Bill Cross 207-236-8152

Mary Jane Gautesen 207-785-2342 Bill Murphy Barbara Ludwig 207-763-3257 Jean Winslow 207-236-4778 Thom & Pat White Florence Householder (recovering & receiving rehab)

Quarry Hill / Anderson Inn: Jean Boobar (apt. 318) 207-542-1523

**Windward Gardens**: Mary Dearborn 207-470-0990 / 207-390-1128

Merry Gardens: Dot Harrington 207-236-3942

Ralph Miller 207-236-8009

Lilian Vose 207-390-0878 (Bob's Sister)

**HEALTH & WELLNESS:** Florence Householder (rehab in Portland) those having surgery or recovering from recent surgeries

> Bruce Smith (Bob's brother) Sherry (Mary D's daughter)

Susan Wilson (cancer - Fran's sister-in-law) Joyce Smith & Gail Moody (pain relief)

Emma (cancer - Don M's niece) Luke (Gail's nephews)

Ruby & her husband (Silvia's sister & brother-in-law) Pat Dutille (recovering from pancreatic cancer surgery)

PRESENCE & COMFORT: Richard Householder as he visits Florence @ MEMed

JOY & THANKSGIVING: Fellowship starting again - and with SOUP! BALANCE & SUSTAINING FAITH for this period of sorrow, grief, & loss WISDOM & COMPASSION: World and National Leaders / Ukraine

SAFETY & ASSISTANCE: the homeless, the underemployed, the hungry and the disenfranchised REST & COMFORT & ASSISTANCE: all Caregivers, especially those caring for family members

or caring for loved ones w/cognitive impairment

COURAGE & HOPE: those living with anxiety, depression, and mental illness, addictions SOLIDARITY & COMPASSION: refugees; immigrants & asylum seekers; Native peoples >Victims/survivors of racial violence; religious intolerance & terrorism, domestic violence FAMILY & FRIENDS: 987,600+ people who have died in the US from COVID-19 & its variants

"I call on you, my God, for you will answer me: turn your ear to me and hear my prayer."

**PSALM 17:6** 

"The Lord is near to all who call on him, to all who call on him in truth."

PSALM 145:18

"Therefore I tell you, whatever you ask for in prayer, believe that you have received it. and it will be

"Then you will call on me and come and pray to me, and I will listen to you."

JEREMIAH 29:12

### In Deep Sympathy



It is with great sadness we share the passing of our dear friend, MaryJane Gautesen, on Saturday, March 12, 2022. She died peacefully at home with her loving, caring family by her side.

## Lectionary Scriptures Epiphany / Ordinary Time Yr. C

February 6 Epiphany 5 White/Blue/Silver

Isaiah 6:1-8, (9-13) Ps 138 1 Cor. 15:1-11 Lk 5:1-11 March 13 Lent 2 Purple/ Sticks+ Stones

Gen. 15:1-12, 17-18 Ps. 26 Phil. 3:17-4:1 Lk. 13:31-35

February 13 Epiphany 6 White/Blue/Silver

Jeremiah 17:5-10 Ps 1 1 Cor. 15:12-20 Lk 6:17-26 March 20 Lent 3 Purple/ Sticks+ Stones

lsa. 55:1-9 Ps. 63:1-9 1 Cor. 10:1-13 Lk. 13:1-9

February 20 Epiphany 7 White/Blue/Silver

Genesis 45:3-11, 15 Ps 37:1-11, 39-40 1 Cor. 15:135-38, 42-50 Lk 6:27-38 March 27 Lent 4 Purple/ Sticks+ Stones

Josh. 5:9-12 Ps. 32 2 Cor. 5:16-21 Lk. 13:31-3515:1-3, 11b-32

**February 27 Transfiguration White** 

Exodus 34:29-35 Ps 99 2 Cor. 3:12-4:2 Lk 9:28-36, (37-43a) **April 3 Lent 5 Purple/ Sticks+ Stones** 

Isa. 43:16-21 Ps. 126 Phil. 3:4b-13 Jn. 12:1-8

LENT BEGINS
March 2 ASH WED Gray/Purple

Joel 2:1-2, 12-17 Ps 51:1-17 2 Cor. 5:20b-6:10 Mt 6:1-6, 16-21

**April 10 PALM SUNDAY RED** 

March 6 Lent 1 Purple/ Sticks+ Stones

Deut. 26:1-11 Ps. 91:1-2, 9-16 Rom. 10:8b-13 Lk. 4: 1-13

#### **Carillon Hymns for the Lenten Season**

Alas, And Did My Savior Bleed
Glory Be to God
All Glory, Laud and Honor
Lord, Throughout These Forty Days
Beneath The Cross of Jesus
Were You There?

"The heart of man plans his way, but the LORD establishes his steps."

PROVERBS 16:9

"And he said unto them, it is not for you to know the times or the seasons, which God hath put in his own power."

**ACTS 1:7** 

"While the earth remaineth, seedtime and harvest, and cold and heat, and summer and winter, and day and night shall not cease."

GENESIS 8:22

### Letters from Jackie

#### From our D.S.

Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together as a hen gathers her brood under her wings, and you were not willing! Luke 13:34

#### Dear Friends.

This morning as I awoke, my heart was heavy; just as it has been for so many days. I feel a sense of helplessness as I watch the news and see the horrifying images that come from the Ukraine. Why do we, humans, choose to hurt and oppress one another? it is easy to vilify Putin. He is a flawed and misguided man who has too much power. However easy it is to place justifiable blame on him, history and current events show us that we are all capable of discrimination and harming others. We saw this same kind of evil in World War I and II, the Holocaust, the current occupation of Palestine, the enslavement of Africans, and the colonization of the Native people here in America. Sadly, that is just the tip of the iceberg.

I believe that God longs to hold each of us under God's wings and shelter and protect us from all the evil intentions in our hearts. I know that God has so much love to share and that we are at our best when we live into that same life of love and peace.

While we may not be able to stop the atrocities in the Ukraine, there are things we can do today to make the world a more peaceful and less hateful place. The first, of course, is to pray. Pray for peace. Pray for good to come out of the evil in the world, pray for our leaders, and pray that we will be used to help in whatever way we can. This morning, if you want to send in a donation to help the people in Ukraine through UMCOR.

https://umcmission.org/umcor/how-to-assist-the-ukrainian-people/

Online at https://umcmission.org/advance-project/982450

By toll-free telephone: 888-252-6174

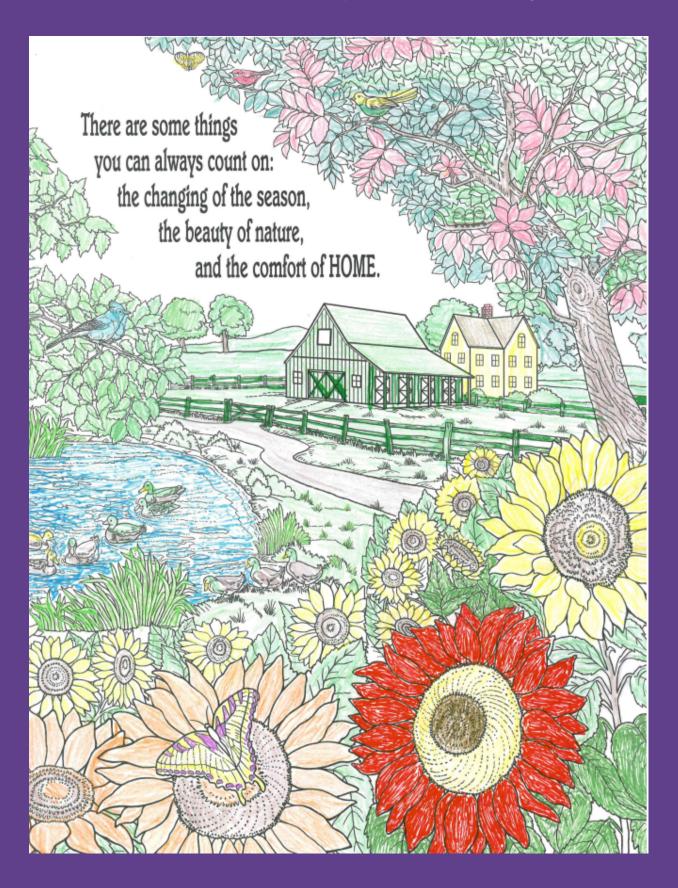
By Check made out to John St. UMC with "Advance #982450-Ukraine" on the memo line. or Global Ministries/UMCOR with "Advance #982450-Ukraine" on the memo line Global Ministries/UMCOR, GPO, P.O. Box 9068, New York, NY, 10087-9068

Second, let us look around at the folks near us who are also not treated fairly. Last month, I worked with the Bishop and our Conference Commission on Christian Unity and Interreligious Concerns to submit testimony to our Maine State Legislature in support of LD 1626, to allow our Native Nations within the state of Maine sovereignty of their nations; just as all the other Native Nations have in other states. While this cannot erase the oppression and mistreatment that our Native brothers and sisters have had over the years of colonial occupation, it is a step in the right direction. Our United Methodist Book or Resolutions affirms that we are in support of tribal sovereignty. It states. "Tribal sovereignty is an inherent international right of Native nations. It encompasses various matters, such as jurisdiction over Indians and non-Indians on tribal lands, education and language, child welfare and religious freedom. Land is both the physical and spiritual foundation of tribal identity." (United Methodist Book of Resolutions, 2016). More information about the needs of our Native nations can be found at Wabanakialliance.com.

We all know that God's love can also be expressed right in our own families and local churches. Rather than seeking our own needs and desires at the expense of others, we can intentionally act with humility and with love for others. These small steps may not stop the war in the Ukraine but like a pebble thrown into the water will reverberate long beyond what we can imagine.

I will be praying for you as we work toward peace together. Blessings, Jackie

# Barbara's Beauties Art contributions by Barbara Ludwig



### Prayers to Ponder

### **A New Serenity Prayer**

By Fr. James Martin, SJ

God, grant me the serenity to accept the people I cannot change, which is pretty much everyone, since I'm clearly not you, God. At least not the last time I checked.

And while you're at it, God, please give me the courage to change what I need to change about myself, which is frankly a lot, since, once again, I'm not you, which means I'm not perfect. It's better for me to focus on changing myself than to worry about changing other people, who, as you'll no doubt remember me saying, I can't change anyway.

Finally, give me the wisdom to just shut up whenever I think that I'm clearly smarter than everyone else in the room, that no one knows what they're talking about except me, or that I alone have all the answers.

Basically, God, grant me the wisdom to remember that I'm not you. Amen.





# Community Resources & Announcements

### **General Conference further postponed to 2024**

The following announcement was made today by the Commission on the General Conference FOR IMMEDIATE RELEASE: March 3, 2022

Nashville, Tenn.: As the pandemic continues and the wait time for visas stretches to over two years in some countries, the Commission on the General Conference announced today that the 2020 General Conference cannot be held in 2022 due to COVID-related and governmental policies/constraints.

Commission members received a report based on conversations with multiple officials of the U. S. Department of State outlining the massive backlog of visa applications in some areas. ... ....Commission chairperson Kim Simpson said the decision to postpone once again was an exceedingly difficult one, with many factors to consider -- including visas and passports, the health and safety of delegates, volunteers and other attendees, vaccination rates, and the need for provisions for quarantine or medical care should any delegates contract COVID-19.

To read the full statement go to: https://www.umc.org/en/content/general-conference-furtherpostponed-to-2024



The following web links from www.caring.com have helpful information related to memory care services and tips for caregivers:

- <a href="https://www.caring.com/senior-living/memory-care-facilities/">https://www.caring.com/senior-living/memory-care-facilities/</a>
- <a href="https://www.caring.com/senior-living/memory-care-facilities/maine">https://www.caring.com/senior-living/memory-care-facilities/maine</a>
- <a href="https://www.caring.com/caregivers/alzheimers/">https://www.caring.com/caregivers/alzheimers/</a>
- <a href="https://www.caring.com/caregivers/dementia/">https://www.caring.com/caregivers/dementia/</a>
- https://www.caring.com/caring/senior-care-graphic

"This is my commandment: love each other just as I have loved you."

JOHN 15:12

"Instead of each person looking out for their own good, watch out for what is better for others."

PHILIPPIANS 2:4

"Generous
persons will
prosper; those
who refresh
others will
themselves be
refreshed."

PROVERBS 11:25

"Be kind,
compassionate,
and forgiving to
each other, in
the same way
God forgave you
in Christ."

EPHESIANS 4:32

### Newsletter Resources

#### p.1

"Cover photo and heart" www.canva.com
"Cross Flame Logo" from cranefumc.org

#### **p.**2

"Bible" photo from www.canva.com
"Pizza" photo from https://www.mashed.com/252460/when-you-eat-pizza-every-day-this-is-what-happens-to-your-body/

#### **p.3**

"Halt" graphic from https://www.redbubble.com/i/poster/H-A-L-T-by-eburns6/54618036.LVTDI

"Pastor Chellie" from Facebook

#### **p.4**

"Masks" graphic from https://katu.com/news/local/face-masks-now-required-in-sevenoregon-counties CDC screenshot taken from www.cdc.gov

#### **p.5**

"Bible Project" screenshots taken from www.bibleproject.com & Youtube

#### **p.6**

"Sanctuary" picture taken by Rev. Chellie
"It Was on Fire..." from https://www.amazon.com/Was-Fire-When-Lay-Downebook/dp/B003FSUS2E

"Parish Paper" screenshot taken from www.theparishpaper.com
"Another America" taken from https://www.goodreads.com/book/show/58340979another-america-otra-am-rica
Website screenshot from www.johnstreetumc.org

#### **p.6**

"Star" photo taken by Rev. Chellie

#### **p.8**

"Stained Glass" photos taken by Rev. Chellie Tai Chi poster designed by Rev. Chellie with PosterMyWall.com

#### **p.9**

Graphics by www.canva.com

#### p.11

Photo provided by Rev. Chellie

#### p.14

Drawing provided by Barbara Ludwig

#### p.16

"Caring" image taken from www.caring.com